

Lunar Planting

Full Moon ● 2007	New Moon ☾ 2007
Jan 3rd	Jan 19th
Feb 2nd	Feb 17th
March 3rd	March 19th
April 2nd	April 17th
May 2nd	May 16th
June 1st	June 15th
June 30th	July 14th
July 30th	August 12th
Aug 28th	Sept 11th
Sept 26th	Oct 11th
Oct 26th	Nov 9th
Nov 24th	Dec 9th
Dec 24th	

Many gardeners believe that planting during specific phases of the moon brings good results. Many calendars and almanacs carry moon phase planting guides. Plants gain energy for growth from the sun, but they are also affected by the moon's changing phases. The moon controls tides, influences the groundwater tables beneath the earth and affects the movement of fluids within plants.

New moon - you should prepare to sow seeds now. During the first quarter of the waxing moon phase the moisture level in the soil is at its highest, so this is when you should plant seeds, repot plants, sow lawns. This brings rapid germination and growth.

Full moon - you should transplant now, when the lunar flowering force is strong. The moisture content becomes low during the waning moon phase and less sap is rising in the trees and shrubs, so it's a good time to do your pruning and attack weeds.

According to lunar planting folklore root plants should go into the ground during a waning moon. It is also the best time to turn over soil.

Moon months

Our months are linked to the movements of the moon. The moon passes between the earth and the sun every 29½ days - then there is a new moon. In Jewish and Muslim calendars a new month begins - all the months have 29 or 30 days.

Honey Moon

The June full moon was called the Mead or Honey moon. The name derives from the hives being full of honey at this time of the year. The honey would have been fermented and made into mead. Traditionally, a honey drink was taken after wedding ceremonies held on the Summer Solstice. This is the derivation of 'honeymoon'.

Blue Moon

Due to the moon's cycle being 29½ days, there are occasionally - as in July 2004 - two full moons in one month (only happens on average every 2.7 years). Then the second moon of the month is called a 'blue moon'.

Dark Moon

When two new moons occur in a month, the second is called a 'dark moon'. The new moon is also sometimes called the dark moon - at this phase there is no illumination on the earth's side.

Harvest Moon

The full moon nearest to the Autumn Equinox is called the 'Harvest moon'. This is because for several nights it appears large and bright in the early evening, bringing farmers valuable extra time to gather in their harvest.